

5 WAYS TO ENHANCE YOUR MARRIAGE WITH A “COFFEE DATE”

Many married couples struggle in nearly every area of life; from money problems, to upbringing problems, trust issues, and more. Maybe yours is struggling in some way.

My goal is to give you what my wife and I have done for many years that have blessed our marriage in ways I never even thought of.

You can print this copy and keep it tucked away where you can refer to it occasionally to help give you ideas on how to work on your marriage one cup of coffee at a time.

1. **Read the bible and or a book together.**

This is when we read and talk about the subject at hand regarding marriage. Without the Bible, I believe, guidance is absent. A regular book on marriage is helpful too.

2. **Pray together.**

Once we're done reading, pray together.

My late pastor used to say: “a marriage that prays together stays together.”

3. **Plan together.**

During your morning “coffee date” try to plan your day or plan different events. Just one thing – don't let your planning be the main focus of the morning coffee date. Be sure to read, pray and talk about important or casual issues. Build your marriage.

4. **Laugh together.**

It's amazing how little couples laugh together. I think most couples argue more than they laugh – this is tragic. Take time to just laugh at the silly things in life and try not to stress so much about any part of your conversation. Laughter is like medicine... Solomon once said.

5. **Design meals together.**

Yeah, can you believe that? Is that weird of what? My wife often ends up asking me: “so, what do you want for dinner tonight?” Often, my usual response is: “I don't know.” Typical guy. Believe it or not, designing or planning your evening meal together demonstrates consideration towards each-other.

When it's all said and done – after weeks, months and years of this morning coffee date, you will discover that your marriage has grown in ways you never thought of. This is nothing major or difficult to do – it's simple – but well worth your time.

Happy Coffee Dating!!