

5 Ways To Cultivate a



Thriving Relationships

with Your Children



The reBranded Life

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When it comes to cultivating a thriving relationship with our kids could sometimes be a smooth and fun process, but for most, is a daunting task. Nonetheless, an important one and something we must do if we want to have thriving families.

Here are 5 Ways to Cultivate A Thriving Relationship With Your Children

1. Be transparent. Your kids may not know everything about you, but they perceive more than you think. They will perceive if your relationship building is genuine and from the heart. When you're real, transparent and genuine they will not only appreciate that, they will also be attracted to that as well. It shows them that they're safe in your environment.

2. Be Honest. Transparency is not necessarily honesty. Honesty is simply a compilation of historical and current events revealed for the sake of expressing your heart.

It's important to help your kids understand your transformation from your younger years. They need to connect with you. They need to see how you have relied on God (if you are a believer) and how you've been willing to change in order to be the parent you are today. They need to know that you've put in your time but more importantly, that you were willing to change and willing to continue to change to better yourself. Honesty goes hand in hand with transparency.

3. Be intentional. Other than your typical intentionality of playing cards together as a family, or watching TV together, it's important to be intentional in the [process of building thriving relationships with your kids](#).

Sometimes we need to not only be spontaneous, but also intentional and come up with something out of the ordinary, like going out for ice-cream, or to the movies. Maybe is going to the park, or painting a picture together. Find whatever it is that you enjoy and your kids would enjoy and do it. This will help reinforce your relationship with them.

4. Be Consistent. Nothing disappoints a child more than when his/her parents are inconsistent with their promises and their system of living. In other words, if you tell them not to eat any sweets before going to bed, then stick with it. Don't move from that position. By the same token, when you make a promise, regardless of how tired you are or how inconvenient it might be, stick with it. Broken promises often lead to broken hearts in a child and if it happens more than once, they'll always expect you to break your promises. Being consistent gives them stability and confidence in your character.

5. Be a Leader. In the process of building a thriving relationship with your kids, be sure to [lead them somewhere](#). In other words, lead them to God, lead them in prayer, lead them to make decisions while [discovering their purpose](#), and lead them right into leadership. They will learn their most valuable leadership skills from mom and dad than from any instructor in the world. Children need perimeters and they need leadership – it provides them direction, protection and security in the home.

For more information on how to support, develop and [lead your family with a clear vision, visit our website](#).